

Tying the worm fly

Cone head worm fly

bmfs

Material List

Hook—Mustad 37187 #2

thread—black 6/9

uni-stretch color of choice

Estaz color of choice

weight— tungsten cone

weed guard 60 lb. mono

tail – foam color of choice and cut to shape

Step 1

Insert 3 equal pieces of Estaz into vise. Now take the pieces and braid them as you would do some one's hair.



Step 2

As you can see its just an over/under/over with the one piece, I like to use the odd color when using 2 color combo's. On a 3 color one its up to you which one.



Step 3

Once you have the length you want (4-8") then wrap the end with uni-stretch. Keeping the other end in vise.



Step 4

Now I tie in the foam tail piece. Add a small amount of goop to the wraps to seal them. (option) You can add some goop and sparkles to the blade of the tail if so desired.



Step 6

Now take your hackle pliers and grab the other end keeping it from unraveling. Lay this part aside for now.



Step 7

Add a tungsten cone head to a Mustad 37187 size 2 hook. You might have to bend the curve at the hook point slightly for the cone head to fit. (just about any large bass hook will work)



Step 8

Add the 60 lb. mono weed guard to hook, I use uni-stretch for this as it wraps flat. Wrap all the way to at least $\frac{2}{3}$ after bend. Coat with thinned goop.



Step 9

Now take the tail section you made and tie in at bend of hook. Adding a small amount of goop here will seal the wraps.



Step 10

Now take a piece of Estaz or two and wrap up to the cone. Tie off the weed guard either behind cone or in front of cone. Trim materials and fly is done.

